## How to get involved in the HSCB!

Join a workgroup.
Where do you want
to make a
difference?

- Transportation
- Foster care, Adoption, Kinship Services
- Substance Abuse
- Homelessness
- Healthy Youth
- Suicide Prevention
- Hunger
- Individuals living with Disabilities
- Older Adults
- Young Children
- Community Data

Contact
Anne Rennie:
arennie@cmhliv.org

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Livingston

# Livingston HSCB

HUMAN SERVICES COLLABORATIVE BODY

QUARTERLY NEWSLETTER

SPRING 2017

### What's New in Livingston?

#### <u>Stepping Stones Engagement</u> <u>Center</u>

Livingston County Community Mental Health Authority introduces a new recovery-based program with a warm and welcoming environment in which adults with substance use and co-occurring needs can obtain support, advocacy, recovery planning and referrals outside the normal business day.

Stepping Stones is based on the "Living Room" model by providing support to individuals in recovery, improving gaps in service delivery, reducing emergency room visits and having "no wrong door" access to services in the community.

The staff includes licensed clinicians, peer support specialists and mental health assistants.

Staff members will guide and support individuals in developing recovery plans through thorough assessments and linking to community referrals/resources.

The Center serves adults, who wish to engage in recovery based programming. Insurance, or lack thereof, is not a barrier to treatment. Our hope is to provide an environment in which individuals feel empowered and supported at any stage of their recovery journey.



Hours of Operation Mon-Fri: 5pm-9am; Weekends: 24 hours Phone (517) 376-6262 Daytime Phone (517) 546-4126

### **Collaboration Works!**

#### <u>Funding Partners Core</u> Competency Training Series

The Funding Partners Workgroup of the HSCB recognized that staff can change over often in our social services world. They wanted to help create a useful foundation of knowledge related to our county and how we do services. To support this need, they developed a series of trainings that would provide some of the core competencies needed to provide services in Livingston County. The group identified a number of topics that would be of interest to a broad range of staff, in particular those who work with child and families in human services, and would compliment agency-specific trainings.

Their idea was a success with trainings filling up in 1 to 2 days and having a waitlist for each one.

#### **UP-COMING TRAININGS**

April 6th from 8:30-12:30—Wraparound 101 May 11th form 9-12—5 Protective Factors June 20th from 10-1—Collaboration, Networking and Navigation

July 27th from 1-3—Disabilities 101 (Education and Medical approaches)

August 11th from 9-12— Foster Care and Adoption September 15th from 9-12—Trauma Informed Practice

October 5—Leadership

November 10th from 9-4:30—Youth Mental Health First Aid

RSVP's will be accepted once the flyer is sent out so watch your emails.



### Community Connect by the numbers

- 10th Annual Event
- 800 Participants
- 400+ volunteers
- 49% of attendees it was their first time at Community Connect
- 60% female
- 30% over the age of 55
- 20% homeless or livings with friend and/or family
- 408 Medical/dental screenings
- 1,300 meals served
- 624 bags of clothing
- 5186coats
- 174 haircuts

#### Transportation Summit by the numbers

- 113 people braved the weather to attend
- Participants committed to 129 individual actions or activities to advance transportation in our county

#### **Key Needs Identified**

- A comprehensive transportation plan
- Increase hours to evenings and weekends
- Get people to work and appts.
- Increase options
- Coordinate existing services

### What's New in Livingston?

### EXCEL AUTISM AND SUPPORT SERVICES

Demand for services designed to help individuals with Autism Spectrum Disorder (ASD) are at an all-time high and for good reason: a National Health Interview Survey indicates that 1 in every 45 children have a diagnosis of Autism.

Excel Employment Options has expanded our range of services to meet the needs of this growing population. Excel has developed, and now delivers an array of services for adults with ASD. The new program, Excel Autism and Support Services, has launched:

- Fundamentals of Social Communication Class -to assist individuals in improving their interpersonal skills
- Consultation Service -designed to help families and individuals learn new strategies and tools to improve life at home and in

#### the community

 Therapeutic Counseling Services –to assist individuals in dealing with a variety of issues and diagnoses

All of these services are provided by staff with extensive training on Autism and are individualized to meet the unique needs of each individual receiving the service.

Excel is a private, non-profit organization that provides a variety of services to individuals with disabilities in southeastern Michigan. Excel's vision is for people with disabilities to have equal opportunity in the pursuit of happiness and independence. Excels' mission is to promote choice, self-reliance and full participation in community life through personalized vocational and support services.

For more information on these services please visit our website at

www.excelemp.org or call our Howell office at 517-586-4008.

Autism Awareness

### **Awareness Activities**

### April is National Child Abuse Prevention and Sexual Assault Awareness Month.

LACASA has 3 county-wide activities planned around these issues to help increase awareness and encourage community involvement.

#### **PINWHEELS FOR PREVENTION:**

Part of a national initiative, the Pinwheels for Prevention campaign highlights the hope and joy of childhood with a cheerful symbol reminding people that we all share responsibility for protecting children. You can help officially kick-off Child Abuse Prevention Month in Livingston County by joining the CAP (Child Abuse Prevention) Council on the front lawn of the Howell Carnegie Library at noon on Wednesday, April 5. Attendees at the event will be invited to plant a pinwheel to show their commitment to helping children in our community grow up safe, healthy and whole.

#### **CLOTHESLINE PROJECT:**

2017 marks the 19th year LACASA has hosted this important awareness campaign featuring T-shirts designed by survivors of sexual assault. The shirts will be on display at LACASA and at libraries throughout

the county during April.

#### **NATIONAL DENIM DAY:**

Wednesday, April 26 is National Denim Day. This awareness project was launched in 1999 in response to an overturned rape conviction. The Italian Supreme Court determined that because a victim wore tight jeans, she must have helped take them off, thereby implying consent. The next day, the women in the Italian Parliament came to work wearing jeans in support of the victim. LACASA encourages businesses, organizations and schools to participate in Denim Day by allowing their employees to wear jeans on April 26. Donations to LACASA to help local victims are welcomed (some organizations charge employees \$5 or \$10 to wear jeans), but not required. To participate, please contact Nicole Matthews-Creech at (517) 548-1350 or

ncreech@lacasacenter.org for flyers and tent cards as well as stickers for employees to wear.



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### **Livingston Story of Hope**

### Livingston County Youth Advocate for Youth and Families in Crisis

The Connection Youth Services' Youth Council attended Dome Day in Lansing on March 8<sup>th</sup>, 2017. Dome Day is an annual event put on by The Michigan Network for Youth and Families. Homeless and runaway youth providers from across the state of Michigan meet with state legislators to advocate for support of programs like The Connection Youth Services.

The Youth Council prepared for several weeks leading up to the event by practicing speeches as well coming together as a group of young leaders to discuss why programs like The Connection Youth Services are such a vital part of a community. The Youth Council met with Senator Joe Hune, and State Representatives Lana Theis and Hank Vaupel. They spoke to the legislators about the importance of having a program like The Connection Youth Services in Livingston County. They shared stories about their personal experiences and advocated for a funding increase for homeless and runaway youth providers at a state level. They were recognized as Representative Hank Vaupel's special guests during the house session on Wednesday. The Youth Council

members enjoyed their time in Lansing and are now looking forward to hosting Senator Joe Hune in Howell on Monday March 20<sup>th</sup> at The Connection Youth Services. They plan on giving Senator Hune a tour of the program that means so much to them.

The Youth Council is currently accepting new members, and is open to any youth ages 14-20 years old. The Youth Council meets on Wednesdays from 4:00PM-5:00PM at 616 W. Grand River Ave in Howell. For more information about The Connection Youth Services call 866-440-SAFE or visit www.theconnectionyouthservices.org.



(From left to Right: Amy West, Anna Owens, Rep. Hank Vaupel, Andrew Combs, Nicole Rowe)

#### **Livingston Council for Youth**



Livingston Council for Youth is a collaboration of local professionals committed to creating a culture of positive development for all Livingston County youth. By working together across the entire community, we can ensure that all young people have a solid developmental foundation they need to become the competent, caring adults of tomorrow. Endorse these efforts by becoming a community partner. Attend a meeting to learn more. Contact Livingston County United Way for details. 810-494-3000.

Livingston Educational Service Agency Early Childhood Programs are enrolling for the 2017-18 school year. Head Start and Great Start Readiness offer no cost/low cost preschool to income eligible and/or children who qualify as "at risk"

Families meeting eligibility guidelines has access to educational, medical and other community resources. For more information and/or to schedule an appointment, please call 517-548-2100



#### **Livingston County Human** Services Collaborative Body

22 E. Grand River Ave Howell, Michigan 48843

Phone: 517-586-2039

Fax: 517-552-2526

E-mail:

arennie@cmhliv.org



Ensuring a system of support for members of our community.

#### What is the Purpose of the **Livingston County HSCB?**

The Livingston HSCB started in 1989 and was officially recognized as the county Multi-Purpose Collaborative Body by the state and county Board of Commissioners in 1995. Now, referred to as a Community Collaborative by the state, the HSCB is comprised of 26 appointed members that work together to coordinate health and human services across systems. The HSCB also:

- Develops strategies and programs to meet current and future needs
- Fiscally manages state-funded collaborative initiatives
- Monitors the effectiveness and efficiency of collaborative projects

The HSCB does this work through established committees and workgroups which have specific goals and objectives to complete. The HSCB and most workgroups meet monthly and consist of representatives from public and nonprofit organizations, business, and interested residents of the county. To learn about the work of the HSCB, contact Anne Rennie at arennie@cmhliv.org.

### **Upcoming Events in Livingston**

2017 Safe Havens' Impact of Interpersonal Violence on Families and Communities conference

At Crystal Gardens on April 4, 2017. from 8:30-4

To Register: https://tinyurl.com/z5bz771

#### **Livingston County Christian Musicians Presents David Phelps!**

Saturday, April 15th at 7pm at the Hartland Arts Center For more information, contact Kathie Janego at director@livingstonloveinc.org

#### 2017 Caregiver Fair

Saturday, April 29th from 9-1:30 at the Brighton High School Cafeteria For more information, contact Kim Ladd at 810-626-2137 or kimladd@hartlandschools.us

#### **Excel Employment Options 2nd Annual Superhero 5K**

Saturday, April 29th at Kensington Metropark. Packet pick-up at 7am and race starts at 9am For more information, visit www.excelemp.org

#### LACASA's CAP Council's 2017 Call-to-Action Conference

This is Your Brain Online: The Impact of Digital Technology on Child Development, Resilience and Abuse Prevention Thursday, May 11th from 8-12 noon at LESA

For more information, contact Holly Naylor at (517) 548-1350 or <a href="mailto:hnaylor@lacasacenter.org">hnaylor@lacasacenter.org</a>

#### Summer Lunch Bunch presents: Happy Healthy Summer Kick Off

Saturday, May 20th from 10am—1 pm at 2/42 Church RSVP is appreciated at https://www.eventbrite.com/e/happy-healthy-summerkickoff-tickets-32502195943

#### **Livingston County Community Alliance's 1st Annual Golf Outing**

June 24th at Whispering Pines Course in Pinckney. 8am Registration For more information, contact Kaitlin Fink at Kaitlin@livingstoncatholiccharities.org





